

Due January 6, 2017

DKG California Leadership Development Committee

“Getting Up on the Right Side of the Bed Every Day”

presented by

Helen Horyza

President of Elevate Inc.

Saturday, January 14, and Sunday, January 15, 2017 (MLK Weekend)

Saturday 9 AM - 5 PM and Sunday 9 AM - Noon

- Registration: \$125.00. This includes Saturday lunch and refreshments. (Saturday dinner is on your own.)
- Lodging and breakfast is \$159.00 per night (\$183.45 w/tax) for up to two adults until December 30, 2016. Hotel reservations must be made through the Embassy Suites, Sacramento Riverfront Promenade. To make hotel reservations either call the hotel, or use the online link listed below. Ask for DKS California Leadership Meeting discount rate. (Hotel reservations made after Friday, December 30, 2016 will be accepted on a space available basis.) (Yes, DK-S- not DKG. It's not a misprint.)
- Valet parking with in and out privileges is \$30 per day. Self-parking is \$24 per day. Parking available across Capitol Avenue for \$15 per day.
- Complimentary Embassy Suites shuttle service. Taxi is approximately \$35 from the airport.
- **Retreat reservation deadline is January 6, 2017.**

Embassy Suites by Hilton, Sacramento Riverfront Promenade

100 Capitol Mall

Sacramento, California 95814

Phone Number: 916-326-5000 or 800-498-5237

Hotel Group/Convention Code: **DKS**

http://embassysuites.hilton.com/en/es/groups/personalized/S/SACESES-DKS-20170113/index.ihtml?WT.mc_id=POG

Registration Form: Please complete and mail with your \$125.00 check made payable to:
Chi State Leadership Development.

Name _____ Phone _____

Mailing Address _____

Email _____ Chapter _____ Area _____
If applicable

Send to: Anita McKean, 45045 Merritt St., King City, CA 93930 (831) 809-1637

_____ I would like to attend a tour of DKG California Education Center, Friday, January 13, 2pm.

June 2016

DKG California Leadership Development Committee Leadership Retreat 2017

Getting Up on the Right Side of the Bed Every Day

Presented by Helen Horyza, President of Elevate Inc.

How many days do you stumble out of bed? You don't set your objectives for the day. Your vision of what you want to accomplish is murky and unfocused. Let's face it; it's easy to fall into a rut. This year's retreat is designed to light you up so you are living your life with a renewed level of intentionality and integrity.

Come join us for a fresh perspective. Learn about your capacity to inspire others. Understand how to be more persuasive, charismatic and authentic. Gain skills that will up your game on a daily basis.

We invite you to learn about:

- Leadership qualities you take for granted
- Your inner radiance and passion
- The problems you create that result in stress and conflict
- Your power to set and express your objectives
- Your brilliance channeled through effective feedback
- Your unlimited supply of courage

Be prepared to be on your feet, learning new skills and viewing video training talks (no boring PowerPoint!). Look forward to Helen's interactive style and quick sense of humor. You deserve to do something for yourself this year. Start your new year with a total recharge so you can truly be your best every day.

About Helen Horyza

Helen Horyza is an expert in the field of employee development, engagement and retention. She is an accomplished trainer, facilitator and executive coach. Helen holds a Master of Science Degree in Career Counseling from California State University, Sacramento (CSUS) and is a professionally trained coach through Coach Training International. She is a Nationally Certified Career Counselor (NCCC) and has more than twenty years of experience uncovering talent and directing it to achieve extraordinary results. Helen is also the author of the Elevations Career Assessments found at www.ElevationsOnline.com.